“Bind off loosely ...”
Tip: Use a knitting needle 2 to 3 sizes larger as your working needle.

Note: The following instructions are written assuming you are knitting stitches off your left-hand needle onto your right-hand needle. If you are working instead from right needle to left needle, please adjust instructions to agree with your direction of work.

Suspended Stitch Bind Off
If you have a tendency to bind off too tightly, try this method for a looser edge with nicely uniform loops that don’t get sloppy.

Knit 2. * With left needle point, pull first stitch over the second stitch, but do not remove the stitch off the left needle (i.e. you are suspending, or deferring dropping that stitch off the left needle). Going around front of that stitch with your right needle, knit the next stitch. Now slip both stitches off left needle. You will have 2 stitch loops on your right needle. This completes the binding off of one stitch. Repeat from * across all stitches. When all stitches have been removed from left needle, with left needle point pull first stitch over the second stitch, dropping that stitch off left needle. Cut yarn and pull tail through remaining stitch.

Knit-off Bind Off
Stitches to be bound off are just knitted together across the row rather than pulled over.

Knit 1. * Knit 1, insert left needle point from left to right into the 2 stitches just worked and knit them together. Repeat from * across all stitches. Cut yarn and pull through last bound-off st.

Knit-off Twisted Bind Off
In this method, the stitch underlying the bound off chain edging is twisted for a compact tidy look.

Knit 1. * Slip stitch just worked to left needle, keeping the tension on it relatively loose, and knit it together with the next stitch through back loops. Repeat from * across all stitches. Cut yarn and pull through last bound-off st.

Purl-off Bind Off
This is similar to the Knit-off Twisted Bind Off method, but is done purlwise thus causing the chain edging to tilt to the opposite side.

Purl 1. * Slip stitch just worked to left needle, keeping the tension on it relatively loose, and purl it together with the next stitch. Repeat from * across all stitches. Cut yarn and pull through last bound-off stitch.

Knit-through Bind Off
In this method, the bound off stitch is caught one row below and produces a chain edging that straddles both sides of the fabric rather than tilting to one side or the other. The “knit through” action helps keep tension loose, and the resulting interlacement structure is stretchy.

Knit 1. *Slip stitch just worked to left needle. Insert right needle point through this first stitch on left needle, and then knit into next stitch while pulling the new loop out through the first stitch and onto right needle. Drop both stitches off left needle. Repeat from * across all stitches. Cut yarn and pull through last bound-off stitch.