



Knitting
Patterns

HeartStrings FiberArts presents

New patterns in the Jackie E-S Design Collections

— October 2008 —

"I just wanted to tell you how much I continue to enjoy your designs. They are lovely, and the patterns are always detailed and easy to follow. I got hooked on lace through your little oak leaf bookmark, so I owe you a big thank you."

— Janet P.

HeartStrings Pattern: H02 - 8270

Playing in the Leaves



Here's a trio of lace leaf designs to delight anyone and everyone. I chose autumn colors in memory of the piles of leaves I loved to jump into.

Maybe you and I don't jump into piles of leaves now, but undoubtedly you'll enjoy making a whole pile of these knitted leaves to play in!

Included are an Aspen Leaf in trellis lace with serrated edging, a 5-point increase Maple Leaf, and an Oak Leaf with an interesting lace edging construction built around the I-cord stem.

Finished Sizes (excluding stem)
Aspen Leaf: 3 1/2" high by 4" wide
Maple Leaf: 4 1/2" high by 5" wide
Oak Leaf: 4" high by 3" wide

Yarn/Thread and Needles
Lace or light fingering weight yarn/thread —

Aspen Leaf: 10 yards
Maple Leaf: 14 yards
Oak Leaf: 12 yards

Size 2 US (2.75 mm) knitting needles suggested or size needed to get equivalent gauge of approximately 8 stitches per inch over stockinette stitch

Pictured in Planet Earth Fibers 100% Silk with Beads by Jill Tomas
Aspen Leaf (top) in color Sandstorm; Maple Leaf (middle) in color Redhot; Oak Leaf (bottom) in color SunKissed

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I strive to make your pattern accurate and complete. If I have overlooked something, or if you have problems or suggestions, please let me know at HeartStrings, 53 Parlange Dr, Destrehan LA 70047, (985) 764-8094 or Jackie@HeartStringsFiberArts.com

HeartStrings Pattern: S27 - 8241

A Feet of Twist



The design of these lace and cable-ticuous sandal socks was inspired by a twist on the saying "A Twist of Fate". Twisty lace columns alternate with lacy mesh enclosed in non-binding cable crossings. The result is lots of elasticity for a good fit across a range of sizes.

One sock has left-crossing cables with right-spiraling toe; the other sock has right-crossing cables with left-spiraling toe. Instructions are given for making the cables with or without a cable needle.

Pictured models in size adult small were knitted in Lorna's Laces Shepherd Sock yarn, color Douglas Fir

Sizing

Instructions for size Adult Small are followed by Medium and Large in (,) parentheses. If nothing is given in parentheses, the instruction applies to all sizes. Planned finished measurements are —
sock foot circumference: 7 1/2 (8 1/4, 10)"; choose the size that gives you a moderately snug fit to best show off the lace

top of sock cuff to beginning of heel flap: 5 1/2 (6 1/2, 7 1/2)"
sock foot length: 9 (10, 11)"

Leg, heel flap depth and foot of sock can be knitted to length desired. If making adjustments for longer leg or foot lengths, please allow extra yarn than specified below.

Yarn and Needles

265 (340, 425) yards of fingering weight yarn

Size 1 us / 2.25 mm knitting needles, or size needed to obtain planned gauge; your choice of double point or circular needles

Optional: cable needle (cn)

Gauge

8 stitches per inch over stockinette stitch

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HeartStrings Pattern: H03 - 8230

Lace Doily Beret

This beret is constructed in the style of a lace doily with a center start and repeating medallions. The beret is flattering and lightweight for fashionable wear without flattening your hairdo.

Detailed instructions are included for a type of circular center start that can help you practice for actual doilies you might want to make later in lighter weight threads and smaller needles.



Pictured in SpinningBunny Hand Dyed Yarn, color Blueberry Pie

Finished Size

10 - 11" diameter crown.

Yarn, Needles and Blocking Notions
125 yards of fingering weight yarn

A variety of needles are used to shape and size this beret —

For the center start, use a pair of non-slippery needles in size 3 US (3.25 mm).

For the doily crown, use a set of 4 double point needles and a 16" circular knitting needles in size 6 US (4.0 mm).

For the underside, use 16" circular knitting needles in sizes 5 and 4 US (3.75 and 3.5 mm).

For the band, use 16" circular knitting needles in size 3 US (3.25 mm).

For blocking, you will need —

10 - 11" diameter dinner plate or similar.

Waste string approximately 154 yard long.

Using size 6 US (4.0 mm) needles, finished gauge is approximately 4 1/2 stitches per inch over lace doily pattern after blocking (or approximately 5 stitches per inch over stockinette).

Charted and written stitch instructions are included for the lace doily crown.

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