

HeartStrings FiberArts presents

## New patterns in the Jackie E-S Design Collections

— January 2012 —

... from the classic to the uniquely appealing ...

HeartStrings FiberArts is dedicated to advancing the art of knitting through innovative designs based on tradition in updated techniques.

HeartStrings Pattern: H18 - 1364

### Beaded Stress Ball

Squish and roll this beaded ball around in your hands to provide relaxation and quick relief to stress, aching or stiff finger joints. Tiny pressure points of beads have a meditative quality. These balls make a quick, low-cost and much-appreciated gift. Make them bright and colorful for a cheerful uplift, or in subtle colors to fit your most reflective mood.



Shown in Lorna's Laces Shepherd Sock, color Ina Pond Blue. Miyuki beads, Blue Lagoon mix.

**Finished Size** Approximately 2 1/2" to 3" (7 cm to 7.6 cm) diameter depending on degree of stuffing

**Yarn** 25 yards (23 m) fingering weight

**Beads** 792 size 8/0 (3 mm diameter) glass seed beads, approximately 20 g

**Gauge** 7 stitches per inch (2.5 cm) over beaded garter stitch before stuffing

**Knitting Needles** Size US 1 (2.25 mm) suggested

**Notions**

Bead stringing needle or bead spinner

Tapestry needle

Polyester fiberfill or other choice of stuffing

**Skill Level** Easy

**Stitch Instructions** Written and charted

**Skills Needed** Knit, slip, simple short rows, stringing beads, long tail cast on, bind off, sewing a seam

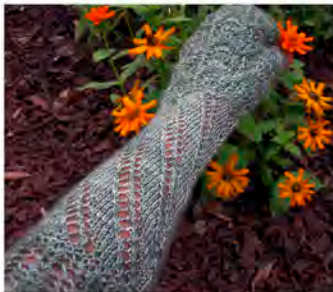
**Overview of Construction** Beads are strung on the yarn before knitting begins. The ball is shaped with 6 short-row sections that are knitted flat in one piece. While knitting, the beads are pushed into place between stitches on alternate rows. Ball is stuffed and seamed to close.

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I strive to make your pattern accurate and complete. If I have overlooked something, or if you have problems or suggestions, please let me know at: HeartStrings, 53 Parlange Dr., Destrehan, LA 70047, (885) 764-8094. Jackie@HeartStringsFiberArts.com

HeartStrings Pattern: H69 - 1334



### Terzetto Lace Mitts

Envision these fingerless gloves in the perfect setting of an afternoon tea on the lawn, or just gracing the hands of the mistress of the manor as she makes her rounds of the mansion grounds.

Terzetto Lace Mitts are named for the threesome of lace stitch patterns used in their design. The name is borrowed from the musical term *terzetto*, meaning a trio for instruments or voices. Let this trio of lace stitches sing to you while knitting and wearing these elegant near elbow-length Victorian style fingerless gloves.

**Finished Sizes**

Total length: 13 (13 1/2, 13 1/2, 13 1/2) (33.7, 34.3, 34.9) cm

Circumference at upper forearm: 7 1/2 (8, 8 1/2, 9) (19 (20.3, 21.6, 22.9) cm

Circumference at lower forearm/wrist: 6 1/2 (7, 7 1/2, 8) (16.5 (17.8, 19, 20.3) cm

In selecting your size, allow for 0 - 1 1/2 (0 - 3.8 cm) negative ease.

**Yarn**

300 (325, 350, 375) yards lace or light fingering weight. Shown in The Sanguine Gryphon Gata Lace, 1.9 oz/400 yd, 45% Mongolian cashmere/55% silk, 1 skein, color Mima Mounds.

**Knitting Needles**

Size US 1 1/2 (2, 1 1/2, 2) (2.5 (2.75, 2.5, 2.75) mm or size needed to obtain gauge

Size US 0 (1, 0, 1) (2.25, 2, 2.25) mm

You may use your choice of double point needles or circular(s) for knitting in the round.

**Gauge**

30 (28, 30, 28) sts and 42 (39, 42, 39) rows = 4 1/10 cm in Left Diagonal Lace using larger needles and after blocking as for finished mitts

**Notions**

waste string long enough to hold 20 sts

2 stitch markers

tapestry needle

**Skill Level** Intermediate lace knitter

**Stitch Instructions** Charted and written

**Construction** Knitted in the round starting at upper arm; no sewing; mirrored design for left and right mitts

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HeartStrings Pattern: S36-1335

### Red Hots Anklets

Fun to knit and sweet to wear.

Red Hots Anklets are named after the small nuggets of the popular cinnamon-flavored candy. The pattern stitch incorporates wrapped stitches to simulate the candy nuggets.



Pictured in size medium using Lorna's Laces Shepherd Sock yarn, color #833 Bittersweet.

**Size** Adult small [medium, large] to fit 8 (9, 10)" foot circumference slightly stretched; finished measurements are — cuff/leg height: 4 1/2" above start of heel flap foot length: 8 1/2 (9 1/2, 10 1/2)" or to desired measurement

**Yarn** Fingering weight approximately 250 (300, 350) yards

**Gauge** 8 stitches per inch over stockinette stitch

**Suggested Needles** Size US 1 / 2.25 mm in your choice of double points or circular(s) for knitting in the round

**Other Notions**

Extra short double point needle in same size as above

2 stitch markers

Tapestry needle for joining toe stitches and finishing ends

**Construction** Cuff down

**Skill Level** Intermediate

**Stitch Instructions** Charted and written

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